

Physical Education – Promoting British Values

The statements below are addressed in the Schemes of Learning for Physical Education.

- Developing relationships based on trust and honesty, learning to cope with success and failure, taking criticism and acting on it and developing awareness of strengths and weaknesses.
- Developing awareness of relaxation and stress management through dance
- Developing understanding of beliefs, values and attitudes
- Exploring values and attitudes, e.g. developing a positive attitude to life and understanding the importance of having a set of values.
- Appreciation of dance history and cultural differences.
- Playing independently, negotiating, cooperating, being fair and honest, and agreeing rules.
- Communication skills- planning, discussing, describing and evaluating performances.
- Language and communication – planning and discussing performance outcomes.
- Language – discussing actions with others and deciding what to do. Talking is critical to outdoor education activities, and opportunities to solve problems provide links to the planning in teaching, speaking and listening.
- Making up rules and playing fairly
- Listening to others, giving and taking feedback and working as a team.
- Making healthy choices about lifestyles.
- Developing a range of skills that are useful across the curriculum and interpersonal context, including using strategies for problem solving, planning and organising.