

PSHE & CITIZENSHIP Education POS

Our KS3 PSHE/Citizenship programme is based on the following guidelines. Some of the content will be taught in Y9 at the high school.

1. Personal Wellbeing – helps young people embrace change, feel positive about who they are and enjoy healthy, safe, responsible and fulfilled lives. Pupils will be able to recognise and manage risk, take increasing responsibility for themselves, their choices and behaviours and make positive contributions to their families, schools and communities.
2. Economic Wellbeing – education for economic wellbeing and financial capability aims to equip pupils with the knowledge, skills and attributes to make the most of changing opportunities in learning and work. Education for economic wellbeing and financial capability improves motivation and progression by helping pupils see the relevance of what they learn in school to their future lives.
3. Citizenship – helps to provide pupils with knowledge, skills and understanding to prepare them to play a full and active part in society. In particular, citizenship education should foster pupils' keen awareness and understanding of democracy, government and how laws are made and upheld. Teaching should equip pupils with the skills and knowledge to explore political and social issues critically, to weigh evidence, debate and make reasoned arguments. It should also prepare pupils to take their place in society as responsible citizens, manage their money well and make sound financial decisions.
4. Careers (Year 8 only) - Every child should leave school prepared for life in modern Britain. This means ensuring academic rigour supported by excellent teaching, and developing in every young person the values, skills and behaviours they need to get on in life. All children should receive a rich provision of classroom and extra-curricular activities that develop a range of character attributes, such as resilience and grit, which underpin success in education and employment. High quality, independent careers guidance is also crucial in helping pupils emerge from school more fully rounded and ready for the world of work. Young people want and need to be well-informed when making subject and career decisions.

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The previous headings have been distributed across the following themes and broken down into areas of study (Please note: These three themes will overlap and be linked).

Teachers will teach the areas of study based on the needs of their students.

Health and Wellbeing	Relationships	Living in the Wider World
<ol style="list-style-type: none">1. How to maintain physical, mental and emotional health and wellbeing including sexual health2. About parenthood and the consequences of teenage pregnancy3. How to assess and manage risks to health and to stay and keep others, safe4. How to make informed choices about health and wellbeing matters including drugs, alcohol and tobacco, maintaining a balanced diet, physical activity, emotional health and wellbeing and sexual health5. How to respond in an emergency including administering first aid6. The role and influence of media on lifestyle	<ol style="list-style-type: none">1. How to develop and maintain a variety of healthy relationships within a range of social/cultural contexts and to develop parenting skills2. How to recognise and manage emotions within a range of relationships3. How to deal with risky or negative relationships including all forms of bullying and abuse, sexual and other violence and online encounters4. About the concept of consent in a variety of contexts5. About managing loss, including bereavement, separation and divorce6. How to be a productive member of a diverse community	<ol style="list-style-type: none">1. About the rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy2. Democracy and justice3. How to make informed choices and be enterprising and ambitious4. How to develop employability, team working and leadership skills and develop flexibility and resilience5. Understanding that everyone has a career and developing a sense of personal identity for career progression6. About the economic and business environment7. How personal financial choices can affect oneself and others and about the rights and responsibilities as consumers

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YEAR	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
7	Health and Wellbeing	Relationships	Health and well being	Relationships	Living in the Wider World	Living in the Wider World
8	Healthy and well being	Relationships	Health and well being	Relationships	Living in the Wider World	Living in the Wider World