

PE CURRICULUM PROVISION

Boys' Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 5	Gymnastics SPA Swimming	Football Swimming	HRF/ Orienteering Swimming	Basketball X-C Swimming	Athletics Swimming	Cricket Swimming	
Year 6	Cricket SPA	Basketball	Dance	Hockey X-C	Athletics	Tennis	

In Key Stage 2, pupils are taught to:

- Use running, catching and throwing in isolation and in combination.
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare individual pupil performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]. Perform safe self-rescue in different water-based situations.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 7	Basketball SPA	Hockey	Orienteering	Dance X-C	Athletics	Tennis	
Year 8	Basketball SPA	Football	Gymnastics	Orienteering/ Problem Solving X-C	Athletics	Cricket	
<p>In Key Stage 3, pupils are taught to:</p> <ul style="list-style-type: none"> • Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]. • Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics] • Perform dances using advanced dance techniques within a range of dance styles and forms • Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group • Analyse personal performance compared with previous outcomes and demonstrate improvement to achieve their personal best • Take part in competitive sports and activities outside school through community links or sports clubs. 							
Extracurricular KS2 & KS3	Inter-house competitions, sports' clubs and sports' fixtures						

Please refer to Sports Premium document for details on opportunities for KS2

BOYS' Curriculum Calendar

Autumn Term

Year	W/B	01-Sep	08-Sep	15-Sep	22-Sep	29-Sep	06-Oct	13Oct	20Oct	03-Nov	10-Nov	17-Nov	24-Nov	01-Dec	08Dec	15-Dec
5A		Gymnastics						Sportshall Athletics	Football							
5B		Gymnastics						Sportshall Athletics	Football							
6A		Cricket/Leadership						Sportshall Athletics	Basketball							
6B		Cricket/Leadership						Sportshall Athletics	Basketball							
7A		Sportshall Athletics	Basketball						Hockey							
7B		Sportshall Athletics	Basketball						Hockey							
8A		Sportshall Athletics	Basketball						Football							
8B		Sportshall Athletics	Basketball						Football							

Spring Term

Year	W/B	05-Jan	12-Jan	19-Jan	26-Jan	02-Feb	09-Feb	23Feb	02Mar	09-Mar	16-Mar	23-Mar	30-Mar
5A		Health Related Fitness						Basketball					X-C
5B		Health Related Fitness						Basketball					X-C
6A		Dance						Hockey					X-C
6B		Dance						Hockey					X-C

HRF: Health Related Fitness

SPA: Sportshall Athletics

X-C: Cross Country

7A	Orienteering & Problem Solving	Dance	X-C
7B	Orienteering & Problem Solving	Dance	X-C
8A	Gymnastics	Orienteering & Problem Solving	X-C
8B	Gymnastics	Orienteering & Problem Solving	X-C

Summer Term

Year	W/B	20-Apr	27-Apr	05-May	11-May	18-May	01-Jun	08-Jun	15-Jun	22-Jun	29-Jun	06-Jul	13-Jul
				Tues									
5A		Athletics				Athletics	Rounders/Cricket						
5B		Athletics				Athletics	Rounders/Cricket						
6A		Athletics				Athletics	Tennis						
6B		Athletics				Athletics	Tennis						
7A		Athletics				Athletics	Tennis						
7B		Athletics				Athletics	Tennis						
8A		Athletics				Athletics	Cricket						
8B		Athletics				Athletics	Cricket						

All dates, length of modules and module titles and content are subject to change

PE CURRICULUM PROVISION

Girls' Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5	Netball SPA	Gymnastics	Dance/HRF	Hockey	Athletics	Tennis
	Swimming	Swimming	Swimming	X-C Swimming	Swimming	Swimming
Year 6	Netball	Gymnastics	Hockey	Dance/HRF	Athletics	Rounders
	SPA			X-C		

In Key Stage 2, pupils are taught to:

- Use running, catching and throwing in isolation and in combination.
- Play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending.
- Develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics].
- Perform dances using a range of movement patterns.
- Take part in outdoor and adventurous activity challenges both individually and within a team.
- Compare individual pupil performances with previous ones and demonstrate improvement to achieve their personal best.
- Swim competently, confidently and proficiently over a distance of at least 25 metres. Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]. Perform safe self-rescue in different water-based situations.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 7	Netball SPA	Gymnastics	Dance	Hockey X-C	Athletics	Rounders
Year 8	Netball SPA	Gymnastics	Hockey	Dance/HRF X-C	Athletics	Tennis
<p>In Key Stage 3, pupils are taught to:</p> <ul style="list-style-type: none"> • Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]. • Develop their technique and improve their performance in other competitive sports [for example, athletics and gymnastics] • Perform dances using advanced dance techniques within a range of dance styles and forms • Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group • Analyse personal performance compared with previous outcomes and demonstrate improvement to achieve their personal best • Take part in competitive sports and activities outside school through community links or sports clubs. 						
Extra-curricular KS2 & KS3	Inter-house competitions, sports' clubs and sports' fixtures					

Please refer to Sports Premium document for details on opportunities for KS2

GIRLS' Curriculum Calendar

Autumn Term

Year	W/B	01-Sep	08-Sep	15-Sep	22-Sep	29-Sep	06-Oct	13Oct	20Oct	03-Nov	10-Nov	17-Nov	24-Nov	01-Dec	08Dec	15-Dec
5A		Netball						Sportshall Athletics	Gymnastics							
5B		Netball						Sportshall Athletics	Gymnastics							
6A		Netball						Sportshall Athletics	Gymnastics							
6B		Netball						Sportshall Athletics	Gymnastics							
7A		Sportshall Athletics	Netball						Gymnastics							
7B		Sportshall Athletics	Netball						Gymnastics							
8A		Sportshall Athletics	Netball						Gymnastics							
8B		Sportshall Athletics	Netball						Gymnastics							

Spring Term

Year	W/B	05-Jan	12-Jan	19-Jan	26-Jan	02-Feb	09-Feb	23Feb	02Mar	09-Mar	16-Mar	23-Mar	30-Mar
5A		Dance/Health Related Fitness						Hockey					X-C
5B		Dance/Health Related Fitness						Hockey					X-C
6A		Hockey						Dance/Health Related Fitness					X-C
6B		Hockey						Dance/Health Related Fitness					X-C

HRF: Health Related Fitness

SPA: Sportshall Athletics

X-C: Cross Country

7A	Dance	Hockey	X-C
7B	Dance	Hockey	X-C
8A	Hockey	Dance/HRF	X-C
8B	Hockey	Dance/HRF	X-C

Summer Term

Year	W/B	20-Apr	27-Apr	05-May Tues	11-May	18-May	01-Jun	08-Jun	15-Jun	22-Jun	29-Jun	06-Jul	13-Jul
5A		Athletics				Athletics	Tennis						
5B		Athletics				Athletics	Tennis						
6A		Athletics				Athletics	Rounders						
6B		Athletics				Athletics	Rounders						
7A		Athletics				Athletics	Rounders						
7B		Athletics				Athletics	Rounders						
8A		Athletics				Athletics	Tennis						
8B		Athletics				Athletics	Tennis						

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