

**Issue: 2**

**Date: 25th April 2016**

**Community Short Breaks  
in Staffordshire  
Aiming High Activities  
June 2016**

Activities for children and  
young people with  
a Special Educational Need  
and / or Disabilities (SEND)  
and their families  
in Staffordshire



*Aiming High*  
for Disabled Children and Young People in Staffordshire

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**To book call: 0300 111 8007 (Option:6)**

## Who are our Providers?

### **Our Aiming High Providers for 2016/17 include:**

- \* Action For Blind People
- \* Action For Children
- \* Caudwell Children
- \* Chase Aqua Rural Enterprise (C.A.R.E)
- \* Chuckle
- \* Core Assets
- \* Crossroads
- \* Sport Across Staffordshire and Stoke-on-Trent (SASSOT)
- \* Staffordshire Wildlife Trust
- \* Wigan Leisure & Culture Trust

*We'll let you know who our Lifeskills and Independence Providers are shortly.*

**\*\*The Activity Guide will change every month and only includes Providers who are delivering activities / support within the specified month\*\***

### **Children and young people aged 0-17 years old...**

- ...do not need to have a diagnosed Special Educational Need and / or Disability (SEND)**
- ... need extra / specialist help and support to take part in activities**
- ...will have specialist support in their school, at home or in the community like SEN Support, have a Personal Plan or SEN Statement / EHCP or may have involvement from a Local Support Team or Independent Futures**
- ...will ordinarily live in Staffordshire (or Stoke-on-Trent for some activities)**

### **Young people aged 18—25 years old....**

- ....need to have a diagnosed Special Educational Need and / or Disability (SEND)**
- ...need extra / specialist help and support to take part in activities**
- ...will have an SEN Statement / EHCP / Section 139a or Personal Plan**
- ...will NOT be eligible to receive paid care and support services from Adult Social Care (like Independent Futures or SSoTP)**
- ....will ordinarily live in Staffordshire**

## **Who can take part in Aiming High Activities?**

### **In each advert, we'll let you know...**

- ...how many places there are on each activity**
- ...if friends / siblings can take part in the activity**
- ...if parents and carers can take part in the activity**
- ...if the activity is designed for specific needs, ages or localities**
- ...what kind of support can be provided**
- ...anything you need to know about the venue**

### **To make sure the activity is right...**

- ...we'll ask you for some information at the point of booking**
- ...some Providers will need to do an assessment before the activity**
- ...some Providers ask parents and carers to stay for the first activity to complete an assessment**
- ...you can ask to talk to the Provider at the point of booking**

**To book call: 0300 111 8007 (Option:6)**

### **Leisure and Family Opportunities...**

**...are activities for children and young people with SEND aged 0-17 years old**

**...are activities for the whole family to attend**

**...include family sport sessions and outdoor activity days**

### **Group Based Community Activities...**

**...are activities for children and young people with SEND aged 0-25 years old**

**...are activities for children and young people to attend independently (subject to need)**

**...siblings can attend some activities**

**...parents and carers might want / need to stay for some activities**

## **What Aiming High Activities are / support is available?**

### **Lifeskills and Independence....**

**...is 1:1 support for children and young people with SEND aged 11-25 years old (who ordinarily reside in Staffordshire)**

**...provides support (time limited) to children and young people to access activities taking place in their local community**

**...is designed for children and young people to attend independently of their families**

*We're sorry for the delay...this support will start shortly as we're working with Providers to finalise this at the minute*

### **Brokerage: Supporting Independence Service...**

**...will provide support to children and young people with SEND aged 0-25 years and their families (who ordinarily live in Staffordshire) to identify and access local community activities**

**...will provide support for a maximum of 6 occasions**

**...might provide support over the phone, via e-mails or by visiting you**

**To book call: 0300 111 8007 (Option:6)**

### The Aiming High Offer...

...means children and young people can access a set amount of free activities in each month (usually 1 a month with extra during holidays)

...applies only to a majority of 'Leisure and Family Opportunities' and 'Group Based Community Activities'

...can be booked between 1st-11th of each month (subject to availability)

### This month you can access....

**June**

**Max. 2**

**Free activities**

**\*\*Please note, because half term falls between May and June, you can only access 2 activities in June if you accessed 1 free activity in May 2016**

## What's the Aiming High Offer?

### Extra Activities...

...can be booked after the 11th of each month (subject to availability)

...means there will be a financial charge. This is designed by and payable to the Provider (we'll let you know how much in the advert)

*...The Aiming High Offer will need to be used for courses of activities (like Caudwell, Core and Chuckle Stars) meaning you need to be able to attend all dates and make a financial contribution for other activities in certain months*

### Anything else....

...over the Summer Holidays (July and August) you can access 4 free activities. These months will be advertised together

...children and young people with SEND will need to cover the cost of activities accessed when receiving Lifeskills and Independence Support

...a financial contribution to all residential activities will be required. These are not counted as part of the Aiming High Offer

**To book call: 0300 111 8007 (Option:6)**

### To book Aiming High Activities....

...call **0300 111 8007 (option 6)**

...lines are currently open Monday—Thursday: 08:30—17:00 and Friday: 08:30—16:30

...you will not be able to call at a weekend or on a Bank Holiday

### You can book...

...The Aiming High Offer between 1st and 11th every month

...The Aiming High Offer and Extra Activities after 11th of the month

...Lifeskills and Independence can be booked at any time

...all activities and support are subject to availability

## How do I book Aiming High Activities?

### Supporting Independence Service...

...can be discussed at any time with the Central Point of Booking—they'll ask you a few questions to make sure this support is right for you

...the Central Point of Booking can also tell you about other things happening in your area, if you're interested

### Anything else...

...we are working on extending the booking opening times and an electronic booking system

...if you aren't able to attend an activity please let us know by calling the Central Point of Booking during office hours

...we'll let you know when booking about any assessments and requirements

**To book call: 0300 111 8007 (Option:6)**

# Stafford Activities

## Chuckle Stars

Chuckle Stars enables children/young people to work together to devise, develop, produce and perform shows, films and music. (We encourage young people to decide the direction of the planning). We also work towards Arts awards.



**Group 1** - Starting Saturday 7th May (other sessions - 11th June and 2nd July) - *Only 1 place left for the 10-18 year old age group.*

**Group 2** - Starting Saturday 14th May (other sessions 18th June and 9th July)

**Group 3** - Starting Saturday 21st May (other sessions 25th June and 16th July)

**Provider:** Chuckle Productions. *This provider will need to complete an assessment before the activity starts.*

**Venue:** The Chuckle House, Unit 10, Stone Enterprise Park, Emerald Way, Stone, ST15 0EP.

**Time:** 5 - 9 year olds: 9.30 - 11.45am  
10 - 18 year olds: 10.15am - 12.30pm

**Available to:** See above. Siblings who are also in this age range are welcome to attend. Parents and carers do not need to stay. Chuckle can cater for young people with a wide variety of support needs but this activity may not be suitable for those with severe learning disabilities and complex health/behavioural needs. Support with personal care and medication is available. Disabled toilet facilities, a stair climber and a ramp into the building.

**Maximum number of attendees:** 2 free places are available for each age group.

**Cost:** To take part you have to be able to attend all sessions and use your Aiming High Free Offer (please see page 5).

**To book call: 0300 111 8007 (Option:6)**



# Stafford Activities

**Sunday 5th and 19th June**

## Inspire Multi Sport Club

The chance to try fun games and activities with family and friends.



**Provider:** Sport Across Staffordshire & Stoke-on-Trent.

**Venue:** Stafford Leisure Centre, Lammascote Road, Stafford, ST16 3TA.

**Time:** 10am - 12pm.

**Available to:** 5 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

Parents/carers must stay. Siblings are also welcome to attend.

Disabled toilets and changing rooms are available.

**Maximum number of attendees:** 16 young people with SEND and 16 siblings per session.

**Cost:** There will be a charge of **£3 per session** to attend this activity if this is an additional activity to your Aiming High Free Activity Offer.

**Friday 10th and 24th June**

## Chuckle Chill Out

Come along, relax, meet other young adults and explore different interests in a safe and supported environment. Activities are chosen by the young people and can include musical theatre, music and film-making. Support with developing life skills such as cooking, meal planning and budgeting can also be requested.



**Provider:** Chuckle Productions. *This provider will need to complete an assessment before the activity starts.*

**Venue:** The Chuckle House, Unit 10, Stone Enterprise Park, Emerald Way, Stone, ST15 0EP.

**Time:** 7 - 9pm

**Available to:** 16 – 25 year olds. Siblings who are also in this age range are welcome to attend. Parents and carers do not need to stay.

Chuckle can cater for young adults with a wide variety of support needs but this activity may not be suitable for those with severe learning disabilities and complex health/behavioural needs. Support with personal care and medication is available. The venue has disabled toilet facilities, a stair climber and a ramp into the building.

**Maximum number of attendees:** 5 free places on each session.

**Cost:** There will be a charge of **£9 per session** if this is an additional activity to your Free Aiming High Offer.

**To book call: 0300 111 8007 (Option:6)**

# Stafford Activities

**Tuesday 14th June**

## Stepping Forward

Stepping Forward Independence Group is an opportunity for young people to gain an ASDAN Accreditation in a fun filled environment. Each young person will attend 12 sessions, meeting new friends and learning new life skills. Activities include cooking, arts and crafts and team building.



**Provider:** Core Assets Children Services. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Moreton Millennium Community Centre, Church Lane, Moreton, TF10 9DS.

**Time:** Commencing in June for 12 sessions on alternate weeks.  
2 hours per session (4.30-6.30pm).

**Available to:** 11 – 25 year olds. Parents/carers do not need to stay.

**To take part you have to be able to attend all sessions** and use your Aiming High Free Offer (please see page 5).

**Maximum number of attendees:** 12.

**Cost:** £21 for the 12 week Programme.

**To book call: 0300 111 8007 (Option:6)**

# Stafford Activities

**Thursday 2nd June**

## Family Wildplay

Family Wildplay gives children with SEND and their families the opportunity to climb a tree, to build a fire and toast a marshmallow, to look up and do some cloud watching, to create a den that will keep them dry and to get muddy with no one telling them they shouldn't!



**Provider:** Staffordshire Wildlife Trust. *This provider will need to complete an assessment before the activity starts.*

**Venue:** The Wolseley Centre, Stafford, ST17 0WT.

**Time:** 11am – 2pm.

**Available to:** 4 - 18 year olds with SEND and their families. This activity is suitable for young people with a wide variety of disabilities and support needs. Parents/carers must stay. Siblings also welcome (maximum of 2 per family). Personal care cannot be provided. Disabled toilets/disabled access available, however, all events take place in a natural woodland environment.

**Maximum number of attendees:** 14

**Cost:** There will be a charge of **£9** if this is an additional activity to your Free Aiming High Offer.

**Friday 3rd June**

## Integrated Wildplay

Integrated Wildplay sessions give children with SEND the opportunity to engage with an existing programme of mainstream Wildplay. This experience will give them the confidence to access other nature based activities with the Wildlife Trust and forge new friendships. In a typical session young people will have the opportunity to climb a tree, to build a fire and toast a marshmallow, to look up and do some cloud watching, to create a den that will keep them dry and to get muddy with no one telling them they shouldn't!



**Provider:** Staffordshire Wildlife Trust. *This provider will need to complete an assessment before the activity starts.*

**Venue:** The Wolseley Centre, Stafford, ST17 0WT.

**Time:** 10am – 3pm.

**Available to:** 8 - 14 year olds with SEND. This activity is suitable for young people with a wide variety of disabilities and support needs. Parents/carers do not need to stay. Personal care cannot be provided. Disabled toilets/disabled access available, however, all events take place in a natural woodland environment.

**Maximum number of attendees:** 2.

**Cost:** There will be a charge of **£9** if this is an additional activity to your Free Aiming High Offer.

**To book call: 0300 111 8007 (Option:6)**

# South Staffordshire Activities

**Saturday 11th June**

## Family Wildplay

Family Wildplay gives children with SEND and their families the opportunity to climb a tree, to build a fire and toast a marshmallow, to look up and do some cloud watching, to create a den that will keep them dry and to get muddy with no one telling them they shouldn't!



**Provider:** Staffordshire Wildlife Trust. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Highgate Common, Near Wombourne, DY7 5BS.

**Time:** 10am – 1pm.

**Available to:** 4 - 18 year olds with SEND and their families. This activity is suitable for young people with a wide variety of disabilities and support needs. Parents/carers must stay. Siblings also welcome (maximum of 2 per family). Personal care cannot be provided. Disabled toilets/disabled access available, however, all events take place in a natural woodland environment.

**Maximum number of attendees:** 14

**Cost:** There will be a charge of £9 if this is an additional activity to your Free Aiming High Offer.

**Starting Tuesday 31st May**

## Key Steps Programme



This activity is made up of 8 sessions, with the first session in May being Circus Skills. Circus Skills offers something truly special – a chance for everyone to learn circus skills. This hands-on approach to learning helps everyone, to have fun while also developing new and exciting skills.

**Provider:** Caudwell Children. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Village Hall, Pinfold Lane, Cheslyn Hay, WS6 7HP.

**Time:** 10am - 2pm.

**Available to:** 8 - 18 year olds. Parents/carers are requested to stay for the first session. Siblings are also welcome. Personal care cannot be provided. The venue is fully accessible.

This activity is made up of 8 sessions (with a different theme each time) which will take place in May, July, August and February.

**Maximum number of attendees:** 15 young people with SEND. There is no maximum limit to the number of siblings who can attend.

**Cost:** To take part you have to be able to attend all sessions and use your Aiming High Free Offer (please see page 5).

**To book call: 0300 111 8007 (Option:6)**

# Cannock Activities

**Thursdays on 2nd, 9th, 16th and 23rd June**

## Swim Options

Build confidence in the water, learn to swim, team games, improve independence/self-care, develop socialising skills, plus time to chat with friends.



**Provider:** Action for Children.

**Venue:** Rugeley Leisure Centre, Burnthill Lane, Rugeley, WS15 2HZ.

**Time:** 5.30 - 7.30pm.

**Available to:** 7 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

**Parents/carers are asked to stay for the first session** to ensure we have all the necessary information required for this activity and your child's needs. Individuals are required to bring a swimming bag, swimming trunks or costume, towel, brush/comb, showering and hair washing products and any other swimming aids required.

**Maximum number of attendees:** 6 per session.

**Cost:** There will be a charge of **£2 per session** if this is an additional activity to your Free Aiming High Offer.

**Wednesday 8th June**

## Sensory Play

Sensory play which can help with development and stimulate the use of senses. Activities include water and sand play, music and movement and use of the sensory room and sensory tables.



**Provider:** Action for Children.

**Venue:** SNAP (Special Needs Adventure Playground), Pye Green Road, Cannock, WS11 5RW .

**Time:** 4.30 - 6.30pm.

**Available to:** 0 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

**Parents/carers are asked to stay for the first session** to ensure we have all the necessary information required for this activity and your child's needs.

**Maximum number of attendees:** 3.

**Cost:** There will be a charge of **£3.75** if this is an additional activity to your Free Aiming High Offer.

**To book call: 0300 111 8007 (Option:6)**

# Lichfield Activities

**Thursday 2nd, 16th and 30th June**

## Inspire Multi Sport Club

Multi sport Club offering activities such as Short Tennis, Wheelchair Basketball, Badminton, Football, Rugby and Golf.



**Provider:** Sport Across Staffordshire & Stoke-on-Trent.

**Venue:** King Edward VI Leisure Centre, Kings Hill Road, Lichfield, WS14 9DE

**Time:** 5 - 7pm.

**Available to:** 5 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

Parents/carers must stay. Siblings are also welcome to attend.

Disabled toilets and changing rooms are available.

**Maximum number of attendees:** 15 young people with SEND.  
Up to 9 siblings can attend this activity.

**Cost:** There will be a charge of **£3 per session** to attend this activity if this is an additional activity to your Aiming High Free Activity Offer.

**To book call: 0300 111 8007 (Option:6)**

# East Staffs Activities

**Saturday 4th and 18th June**

**Inspire Multi Sport Club**

Multi sport Club offering a range of activities including soft play, swimming and badminton.



**Provider:** Sport Across Staffordshire & Stoke-on-Trent.

**Venue:** Meadowside Leisure Centre, High Street, Burton, DE14 1TL.

**Time:** 10 - 11am: Soft play

10am - 12pm: Multi sports and swimming

12 - 1pm: Badminton

**Available to:** 5 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

Parents/carers must stay. Siblings are also welcome to attend.

Disabled toilets and changing rooms are available.

**Maximum number of attendees:** 20 young people with SEND.

Up to 20 siblings can attend this activity.

**Cost:** There will be a charge of **£3 per session** to attend this activity if this is an additional activity to your Aiming High Free Activity Offer.

**Thursday 9th June**

**Meal and Quiz Night**

Meet up with new and old friends for a meal and quiz/bingo.



**Provider:** Action for Children.

**Venue:** Corner House Flaming Grill, Second Avenue, Centrum One Hundred, Burton, DE14 2WF.

**Time:** 7 - 9.30pm.

**Available to:** 18 - 25 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

Disabled toilets are available.

Personal care is not available, however, parents/carers are welcome to attend where young people need this support.

**Maximum number of attendees:** 10

**Cost:** There is no charge for this activity.

Each young person will receive up to 2 soft drinks. Individuals are asked to purchase their meal and additional drinks in order to sustain this activity.

**To book call: 0300 111 8007 (Option:6)**

# East Staffs Activities

## First session - Wednesday 1st June

### Key Steps Programme

This activity is made up of 8 sessions, with the first session being Circus Skills. Circus Skills offers something truly special – a chance for everyone to learn circus skills. This hands-on approach to learning helps everyone, to have fun while also developing new and exciting skills.



**Provider:** Caudwell Children. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Queen Street Community Centre, Queen Street, Burton, DE14 3LW.

**Time:** 10am - 2pm.

**Available to:** 8 - 18 year olds. Parents/carers are requested to stay for the first session. Siblings are also welcome. Personal care cannot be provided. The venue is fully accessible.

This activity is made up of 8 sessions (with a different theme each time) which will take place in June, July, August and February.

**Maximum number of attendees:** 15 young people with SEND. There is no maximum limit to the number of siblings who can attend.

**Cost:** To take part you have to be able to attend all sessions and use your Aiming High Free Offer (please see page 5).

**To book call: 0300 111 8007 (Option:6)**



# Tamworth Activities

**Saturday 4th and 18th June**

**Inspire Multi Sport Club**

One Hours Splash Swim session for all the family followed by one hours multi sports session in our Sports Hall including Trampoline, Football, Bouncy Castle, Soft Play, Boccia, Kurling and more!!



**Provider:** Sport Across Staffordshire & Stoke-on-Trent.

**Venue:** Wilnecote Community Leisure Centre, Tinkers Green Road, Wilnecote, Tamworth, B77 5LF.

**Time:** 3 - 5pm.

**Available to:** 5 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

Parents/carers must stay. Siblings are also welcome to attend.

**Maximum number of attendees:** 25 swimmers, 25 in the sports hall.

**Cost:** There will be a charge of **£3 per session** if this is an additional activity to your Free Aiming High Offer.

**Tuesday 7th June**

**Meal and Quiz Night**

Meet up with new and old friends for a meal and quiz/bingo.



**Provider:** Action for Children.

**Venue:** The Old Crown, 120 Main Road, Wiggington, Tamworth, B79 9DW.

**Time:** 7 - 9.30pm.

**Available to:** 18 - 25 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

Disabled toilets are available.

Personal care is not available, however, parents/carers are welcome to attend where young people need this support.

**Maximum number of attendees:** 10

**Cost:** There is no charge for this activity.

Each young person will receive up to 2 soft drinks. Individuals are asked to purchase their meal and additional drinks in order to sustain this activity.

**To book call: 0300 111 8007 (Option:6)**

# Tamworth Activities

**Friday 17th June**

## **Chuckle Stars \*\*Limited Places Left\*\***

Chuckle Stars allows children/young people to work together to devise, develop and produce/perform shows, films and music (we encourage young people to decide the direction of the planning). We also work towards Arts awards.



**Provider:** Chuckle Productions. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Belgrave Community Room, Tamworth Community Fire Station, Marlborough Way, Belgrave, Tamworth B77 2NW.  
*Sat Nav users, please use postcode B77 2LF.*

**Time:** 6 - 8pm.

**Available to:** 7 - 15 year olds. Parents and carers do not need to stay. Chuckle can cater for young people with a wide variety of support needs but this activity may not be suitable for those with severe learning disabilities and complex health/behavioural needs. Support with personal care and medication is available. The venue has disabled toilet facilities and a lift.

**Maximum number of attendees:** 10 spaces are available on each session for young people with SEND. Up to 5 siblings who are also in this age range are also welcome to attend.

**Cost:** To take part you have to be able to attend all sessions and use your Aiming High Free Offer (please see page 5).

**Tuesday 7th and 21st June**

## **Stepping Forward**



An opportunity for young people to gain an ASDAN Accreditation in a fun filled environment. Each young person will attend 12 sessions, meeting new friends and learning new life skills. Activities include cooking, arts and crafts and team building.

**Provider:** Core Assets Children Services. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Moorgate Primary Academy, Moorgate, Tamworth, B79 7EL.

**Time:** Commencing in June for 12 sessions on alternate weeks (4.30-6.30pm).

Other dates:

July - 5<sup>th</sup>, 19<sup>th</sup>

August - 2<sup>nd</sup>, 16<sup>th</sup>, 30<sup>th</sup>

September - 13<sup>th</sup>, 27<sup>th</sup>

October - 11<sup>th</sup>, 25<sup>th</sup>

November - 8<sup>th</sup>

**Available to:** 11 – 25 year olds. Parents/carers do not need to stay.

**To take part you have to be able to attend all sessions** and use your Aiming High Free Offer (please see page 5).

**Maximum number of attendees:** 12.

**Cost:** £21 for the 12 week Programme (this contributes towards the ASDAN Accreditation cost)

**To book call: 0300 111 8007 (Option:6)**

## Newcastle Activities

**Sunday 12th and 26th June**

### Sunday Fun Day

A chance to enjoying an afternoon of play, quiz's, cooking, baking, and looking at Health & Wellbeing. Plus garden games, BBQ, Sensory play and much, much more.



**Provider:** Action for Children. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Staffordshire Shared Care, Trialpha Residential Unit, Church Street, Chesterton, ST5 7HU.

**Time:** 3 - 5.30pm.

**Available to:** 8 - 25 year olds. We can cater for young people with a wide variety of support needs, however, this activity may not be suitable for those with complex/behavioural needs. Parents/carers do not need to stay.

**Maximum number of attendees:** 10 per session.

**Cost:** There will be a charge of **£3 per session** if this is an additional activity to your Free Aiming High Offer.

**Sunday 5th, 19th and 26th June**

### Inspire Multi Sport Club



Wide range of physical activities which are adapted for participants with a disability including structured and un-structured activities that help with physical and social skills.

**Provider:** Sport Across Staffordshire & Stoke-on-Trent.

**Venue:** Jubilee 2, Brunswick Street, Newcastle, ST5 1HG.

**Time:** 1 - 3pm.

**Available to:** 5 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs. Parents/carers must stay. Siblings/friends are also welcome to attend.

Fully accessible venue with disabled toilets, hearing loops, lift and staff trained to evacuate all floors of the building during emergencies plus a lift into the swimming pool.

**Maximum number of attendees:** 12 young people with SEND.

Up to 12 siblings/friends can attend this activity.

**Cost:** There will be a charge of **£3 per session** if this is an additional activity to your Free Aiming High Offer.

**To book call: 0300 111 8007 (Option:6)**

# Newcastle Activities

## First session - Thursday 2nd June

### Key Steps Programme

This activity is made up of 8 sessions, with the first session being Circus Skills. Circus Skills offers something truly special – a chance for everyone to learn circus skills. This hands-on approach to learning helps everyone, to have fun while also developing new and exciting skills.



**Provider:** Caudwell Children. *This provider will need to complete an assessment before the activity starts.*

**Venue:** TBC.

**Time:** 10am - 2pm.

**Available to:** 8 - 18 year olds. Parents/carers are requested to stay for the first session. Siblings are also welcome. Personal care cannot be provided. The venue is fully accessible.

This activity is made up of 8 sessions (with a different theme each time) which will take place in June, July, August and February.

**Maximum number of attendees:** 15 young people with SEND. There is no maximum limit to the number of siblings who can attend.

**Cost:** To take part you have to be able to attend all sessions and use your Aiming High Free Offer (please see page 5).

**To book call: 0300 111 8007 (Option:6)**

# Newcastle Activities

**Saturday 25th June**

## Trentham Gardens and Monkey Forest Visual Impairment Family Day

A great chance for families of those with visual impairments to get to know each other. We'll meet some primates in the morning, living as they would in their natural habitats. We'll follow it up with a lakeside picnic, fairy woodland and mystery maze treasure hunt and a trip to the adventure playground.



**Provider:** Action for Blind People. *This provider requires an application form to be completed in advance of the activity.*

**Venue:** Trentham Gardens and Monkey Forest, Trentham Estate, Stone Road, Stoke-on-Trent, ST4 8AX.

**Time:** 10.30am – 4pm.

**Available to:** 0-16 year olds with a visual impairment and their families. Parents/carers must stay. Siblings also welcome (maximum of 2 per family). Families are responsible for their own personal care. Please advise the provider of any special requirements in advance of the activity.

**Maximum number of attendees:** 12 families.

**Cost:** There will be a charge of **£10 per person** if this is an additional activity to your Free Aiming High Offer.

**Sunday 12th June**

## Family Wildplay



Family Wildplay gives children with SEND and their families the opportunity to climb a tree, to build a fire and toast a marshmallow, to look up and do some cloud watching, to create a den that will keep them dry and to get muddy with no one telling them they shouldn't!

**Provider:** Staffordshire Wildlife Trust. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Apedale Country Park, Loomer Road, Chesterton, Newcastle, ST5 7JS.

**Time:** 10am – 1pm.

**Available to:** 4 - 18 year olds with SEND and their families. This activity is suitable for young people with a wide variety of disabilities and support needs. Parents/carers must stay. Siblings also welcome (maximum of 2 per family). Personal care cannot be provided. Disabled toilets/disabled access available, however, all events take place in a natural woodland environment.

**Maximum number of attendees:** 14

**Cost:** There will be a charge of **£9** if this is an additional activity to your Free Aiming High Offer.

**To book call: 0300 111 8007 (Option:6)**

# Newcastle Activities

**Saturday 18th June**

## Swimming

To develop the young peoples swimming skills as well as time to just enjoy splashing about and have some fun.



**Provider:** Crossroads Care Staffordshire. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Dimensions, Scotia Road, Stoke-on-Trent, ST6 4ET.

**Time:** 3.30 - 5.30pm.

**Available to:** 8 - 25 year olds. The activity is suitable for young people with a wide range of disabilities including those with complex needs. Parents/carers do not need to stay. Crossroads are able to support with personal care and there are hoist facilities at the venue.

**Maximum number of attendees:** 10 children (includes 2 wheelchair users for the hydro pool).

**Cost:** There will be a charge of **£3** to attend this activity if this is an additional activity to your Aiming High Free Activity Offer.

**Sunday 12th and 26th June**

## Sensory Play

Sensory play which can help with development and stimulate the use of senses. Activities include water and sand play, music and movement, use of the sensory room and sensory tables.



**Provider:** Action for Children.

**Venue:** Staffordshire Shared Care, Trialpha Residential Unit, Church Street, Chesterton, ST5 7HU.

**Time:** 12.30 - 2.30pm.

**Available to:** 0 - 18 year olds with a Profound and Multiple Learning Disability (PMLD).

***We would invite parents to stay for the first session*** to complete an assessment of needs to ensure we have the correct information for your child's needs. Refreshments will be available free of charge.

**Maximum number of attendees:** 3.

**Cost:** There will be a charge of **£4** if this is an additional activity to your Free Aiming High Offer.

**To book call: 0300 111 8007 (Option:6)**

# Moorlands Activities

**Saturday 11th and 25th June**

**Inspire Multi Sport Club**

A range of Multi Sports and swimming sessions.

**Provider:** Sport Across Staffordshire & Stoke-on-Trent.



**Venue:** South Moorlands Leisure Centre, Allen Street, Cheadle, ST10 1HJ.

**Time:** 11am - 1pm.

**Available to:** 5 - 18 year olds. This activity is suitable for young people with a wide variety of disabilities and support needs.

Parents/carers must stay. Siblings are also welcome to attend.

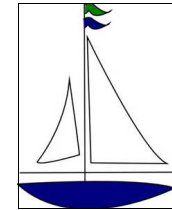
The venue is fully accessible and has disabled changing rooms. Pool hoist accessible on request

**Maximum number of attendees:** 20 young people with SEND. 20 siblings.

**Cost:** There will be a charge of **£3 per session** to attend this activity if this is an additional activity to your Aiming High Free Activity Offer.

**Friday 3rd June**

**Sailing at Rudyard Lake**



Join us for this fun group boating activity.

**Provider:** Crossroads Care Staffordshire. *This provider will need to complete an assessment before the activity starts.*

**Venue:** Rudyard Lake (meeting at Crossroads Care first).

**Time:** 10am - 3pm.

**Available to:** 8 - 25 year olds. The activity is suitable for young people with a wide range of disabilities including those with complex needs. Parents/carers do not need to stay. Please note hoist facilities are not available at this venue.

Please provide a packed lunch and drink for your child.

**Maximum number of attendees:** 10.

**Cost:** There will be a charge of **£3 per session** to attend this activity if this is an additional activity to your Aiming High Free Activity Offer.

**To book call: 0300 111 8007 (Option:6)**

# Moorlands Activities

**Starting Friday 3rd June**

## Key Steps Programme

This activity is made up of 8 sessions, with the first session being Circus Skills. Circus Skills offers something truly special – a chance for everyone to learn circus skills. This hands-on approach to learning helps everyone, to have fun while also developing new and exciting skills.



**Provider:** Caudwell Children. *This provider will need to complete an assessment before the activity starts.*

**Venue:** St Pauls Church, Novi Lane, Leek, ST13 6NR.

**Time:** 10am - 2pm.

**Available to:** 8 - 18 year olds. Parents/carers are requested to stay for the first session. Siblings are also welcome. Personal care cannot be provided. The venue is fully accessible.

This activity is made up of 8 sessions (with a different theme each time) which will take place in June, July, August and February.

**Maximum number of attendees:** 15 young people with SEND. There is no maximum limit to the number of siblings who can attend.

**Cost:** To take part you will need to be able to attend all sessions and use your Aiming High Free Offer for each session (please see page 5).

**To book call: 0300 111 8007 (Option:6)**



## Other Activities/Services...

Parents and carers asked us to include information about other activities and opportunities taking place in Staffordshire. If you know of any other good groups that you would like to let other families know about, then please let us know by calling 01785 278072 or emailing [aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk)

### ENABLING ADVENTURES

#### Day Opportunities with a difference....

"Enabling Adventures is a new service for young adults with disabilities who want to try something different...we want to provide new experiences that promote a healthy and active lifestyle.

Some of our activities include Cycling, Sailing, Canoeing, Forest Experiences (including treasure hunts, orienteering, Adventure pursuits and wildlife watching), Skiing and Rural Activities."

*Enabling Adventures would like to talk to parents and carers about different activities and experiences they would like to see for all ages in the summer holidays...*

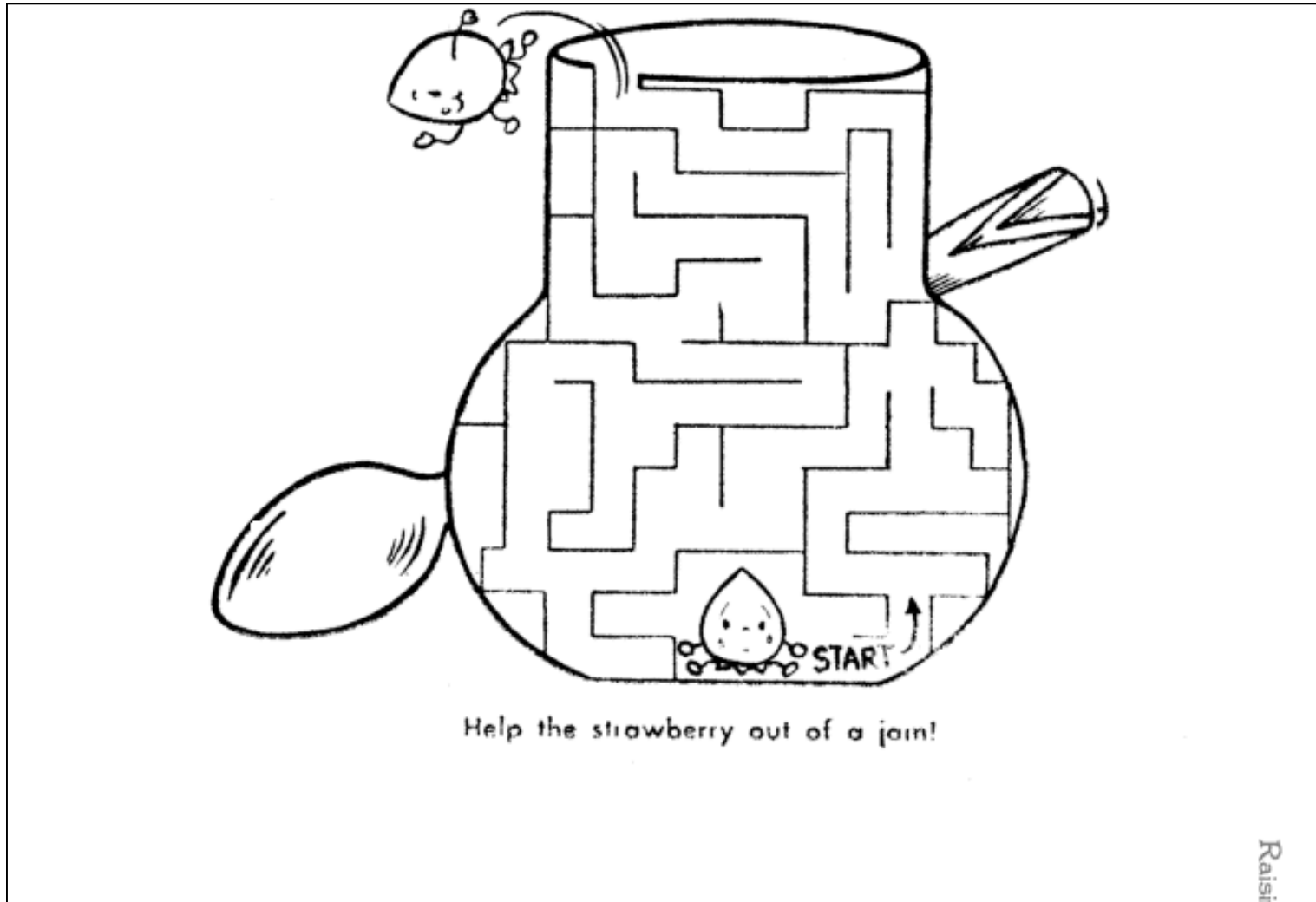
*Please give us a call on: 07800667114 or drop us an e-mail: [enablingadventures@gmail.com](mailto:enablingadventures@gmail.com)*

*You can find out more about us on our Facebook Page*

*Please note these activities are not arranged by, endorsed or funded by Staffordshire County Council*

# Just for Fun!

Can you figure out the maze?



## Keeping up to date with Aiming High ...

If you are not already on our email Mailing List but would like to receive updates on Aiming High Short Breaks and other activities for children and young people with a disability or additional need please email:

[aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk)

### Aiming High Staffordshire

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Send your thoughts/feedback on the  
Aiming High programme to:

[aiminghigh@staffordshire.gov.uk](mailto:aiminghigh@staffordshire.gov.uk)

or contact us using the details  
opposite.